



**AHaSC** Anthroposophic Health, Education & Social Care Movement

## SCHOOL HEALTH PROFESSIONALS TRAINING UK

### 3 Year School Health Practitioners Training UK

for doctors, nurses, psychologists, midwives, teachers or therapists with a qualification in their field

In response to the many challenges children and young people are facing today, this new training aims to deepen participants' understanding of child development and hindrances in the developmental process from a spiritual-scientific perspective. How can each of us, in our individual work as well as the school organism as a whole, best support the incarnating child in the 21st century?

While the course is clearly based in anthroposophy, it will relate the spiritual-scientific perspective to mainstream concepts, thus enabling participants to competently enter into dialogue with mainstream professionals as well as parents. The training will equip you with the knowledge and experience needed to support children's physical and mental health within the educational setting. You will learn about the Anthroposophic understanding of the development of the child and young person, its challenges and how to address the health needs in today's schools. Contemporary approaches in each area of training will be incorporated into the teaching to enable a rounded knowledge necessary for today's real challenges. The training offers the unique opportunity for us to develop a common language and understanding across the disciplines of education and health to work effectively together in the future.

This exciting new postgraduate training is starting in 2017. The initiative for this new 3 year modular training is organised by Dr Hedda Joyce, school doctor at Steiner Waldorf Schools in the South West, with support from Dr Michaela Glöckler and the Medical Section at the Goetheanum, Dr Gruenewald, Sibylle Eichstaedt, and with guidance from AHaSC. The completed training will enable you to apply for a certificate from the Medical Section in Dornach as School Health Practitioner. The certificate will qualify you for working in Steiner Waldorf Schools as a School Health Practitioner or serve as an additional qualification in your current role.

**by STEINER WALDORF SCHOOL DOCTORS**

SchoolHealthProfessionals@gmail.com

Bristol BS1 5AS SC: 165810 AN: 20499337Triodos Bank Deanery Road

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## The modules will include

- 1<sup>st</sup> Development of the senses
- 2<sup>nd</sup> Life processes and rhythms in teaching and healing
- 3<sup>rd</sup> Therapeutic impact of the arts
- 4<sup>th</sup> Inner path work and self-education, subsidiary exercises, meditation and health
- 5<sup>th</sup> Social/professional environment. Latest research in own professional field.
- 6<sup>th</sup> "The invisible man"/subtle bodies and the five principles of health and illness
- 7<sup>th</sup> Physiology of the Waldorf Curriculum
- 7<sup>th</sup> Child Study: pathology and humanisation
- 8<sup>th</sup> parent work
- 9<sup>th</sup> Meaning of education as a tool to humanise culture in immediate surroundings.
- 10<sup>th</sup> The role of the school doctor: relationship between doctors and teachers: physiology (doctors) and soul development (teachers).  
Memory development as process of the creation of lead.
- 11<sup>th</sup> Autism/ADHD
- 12<sup>th</sup> Attachment theory and salutogenetic principles
- 13<sup>th</sup> Polarities: 3<sup>rd</sup> lecture of curative educational course and the 6 polarities from the teachers conference with Rudolf Steiner
- 14<sup>th</sup> Temperaments 7-14y olds
- 15<sup>th</sup> School readiness

The course can also be attended in individual modules as Continuous Professional Development. For gaining a certificate, one must complete 85% of the modules or equivalent training, meet the set goals and professional standards. There will be some prior reading required for some modules and general background reading. For the last 2 years a mentor should be found with the help of the Board of International School Doctors Circle of the Medical Section, Dornach. Criteria for certification is as per international school doctors' trainings, available on request, and you will receive a copy together with the reading list when signing up. As post graduate training, the course does require self-directed learning in addition to the training modules depending on background knowledge and previous professional training. While this training is fully supported by AHaSC and the Medical Section Dornach, it does not have wider recognition beyond the Steiner Waldorf settings as of yet and, cannot guarantee employment.

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## Dates:

### First Year:

2017/01/28-29

with Dr Michaela Gloeckler at Wynstones School

'Meaning of education as a tool to humanise culture in immediate surroundings'

2017/04/13-14 (TBC) with Dr Michaela Gloeckler 'Physiology of the Waldorf Curriculum and the role of the school doctor and school health practitioner: working with colleagues and parents'

2017/08/6-10 with Dr Michaela Gloeckler

**Second Year:** lecturer and place TBC

2017/11/10-12 weekend lecturer TBC

2018/3/2-4 weekend lecturer TBC

2018/6/15-17 weekend lecturer TBC

**Third Year:** lecturer and place TBC

2018/10/5-7 weekend lecturer TBC

2019/02/8-10 weekend lecturer TBC

One further 5 days in 2019 at the end of the module TBC.

### The cost of this training as following:

£50 Non-refundable registration fee

£40 per short training day

£60 per full training day

£6 for lunch and £4 for supper, all with refreshment.

There will be additional mentoring fee for the 2nd and 3rd year.

Certificate fee TBC.

**For further info and enrolment, please contact our administrator, Chia-Li Blackett, via [SchoolHealthProfessionals@gmail.com](mailto:SchoolHealthProfessionals@gmail.com), thank you.**

**We look forward seeing you !**

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